



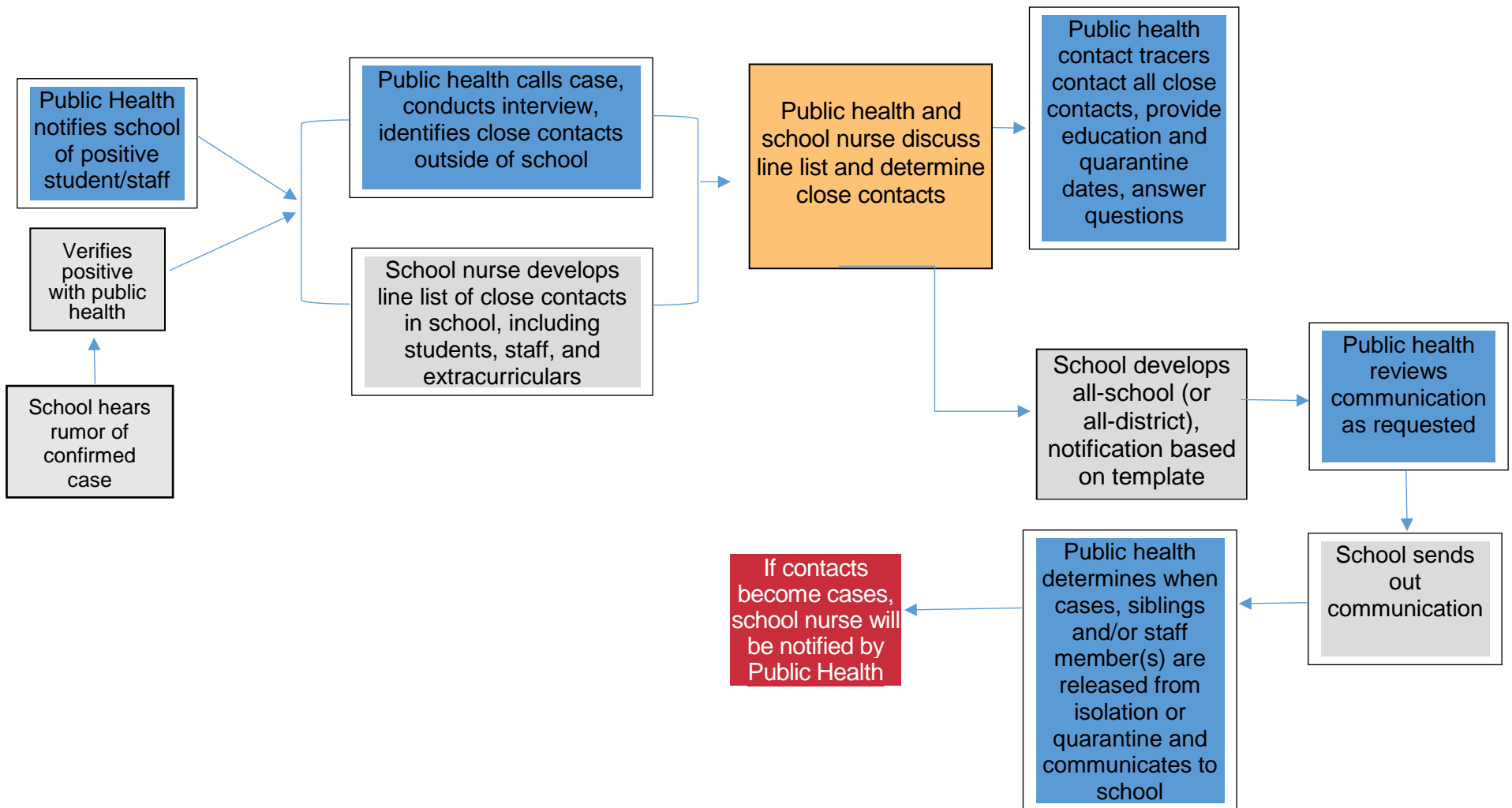
Wood County
Health Department

COVID-19

Tools for Schools

August 25, 2020

School-Based COVID-19 Positive Case Follow-Up Process



COVID-19: When a student or faculty/staff member can return to school.

Purpose: The purpose of this chart is to assist school health care staff and public health officials in determining if a student, or faculty/staff member needs to be excluded from the facility for COVID-19 quarantine or isolation. The chart uses three criteria to determine this: close contact, symptoms, and COVID-19 test status.

How to use: The first step is to determine if the individual was a close contact to a COVID-19 case based on the definition below and then select the appropriate action on the next page. The second step is to determine if the individual is showing symptoms of COVID-19 (symptomatic) or not. Finally determine if they were tested for COVID-19 and the result of the test. Key definitions are provided below.

Definitions:

Isolation means keeping sick people away from healthy ones. This usually means that the sick person rests in their own bedroom or area of the home and stays away from others. This includes staying home from school.

Quarantine means separating people who were around someone who was sick, just in case they get sick. People who were around other sick people are more likely to get sick themselves. Quarantine prevents them from accidentally spreading the virus to other people before they even realize they are sick. Usually people who are in quarantine stay at home and avoid going out or being around other people. This includes staying home from school.

Close contact:

An individual is considered a close contact if any of following is true:

- Were within 6 feet of a positive person for more than 15 minutes total in a day.
- Had physical contact with the person (hugging, shaking hands).
- Had direct contact with the respiratory secretions of the person (i.e., from coughing, sneezing, contact with dirty tissue, shared drinking glass, food, or other personal items).
- Lives with or stayed overnight for at least one night in a household with the person.

These close contact criteria apply regardless of mask use, face shields, or physical barriers, such as Plexiglas or plastic barriers. The only exception is if a health care worker in a school setting is wearing the proper personal protective equipment (such as a fit-tested N95 respirator). When an individual's symptom, contact, or test status changes, their quarantine or isolation requirements should be reassessed.

Symptoms

Symptoms are considered consistent with COVID-19 when one of the symptoms marked with a (*) or two of the other symptoms are present above baseline for that individual.

- Cough*, shortness of breath* or difficulty breathing&, new loss of taste or smell*
- Congestion or runny nose, fever or chills, nausea or vomiting, diarrhea, headache, fatigue, muscle/body aches or sore throat.

Individual is NOT a known close contact to a COVID-19 case

INDIVIDUAL	SYMPTOMATIC	NO SYMPTOMS
Not tested for COVID-19	<ul style="list-style-type: none"> The individual must remain home for at least 10 days since the first symptoms began AND be fever free without the use of fever reducing medications for 24 hours AND with improvement of symptoms. Siblings and household members should follow the close contact chart below. If diagnosed with another condition that explains the symptoms, such as influenza or strep throat, no isolation or quarantine of close contacts is necessary. Follow guidance from the health care provider and exclusion period of the diagnosed disease as listed on the Wisconsin Childhood Communicable Disease Wall Chart. 	May attend school.
Tested and negative for COVID-19	<ul style="list-style-type: none"> The individual must be fever free for 24 hours without the use of fever reducing medication. If diagnosed with another condition that explains the symptoms, such as influenza or strep throat, no isolation or quarantine of close contacts is necessary. Follow guidance from the health care provider and exclusion period of the diagnosed disease as listed on the Wisconsin Childhood Communicable Disease Wall Chart. 	May attend school.
Tested and positive for COVID-19	<ul style="list-style-type: none"> The individual must isolate at home for at least 10 days since the first symptoms began AND be fever free without the use of fever reducing medications for 24 hours AND with improvement in symptoms. Repeat testing is NOT recommended for making decisions about when people can return to work or school. Siblings, household members, and other close contacts should follow the close contact chart below. 	<ul style="list-style-type: none"> Must isolate at home for 10 days after the day the sample was collected. Siblings, household members, and other close contacts should follow the close contact chart below.

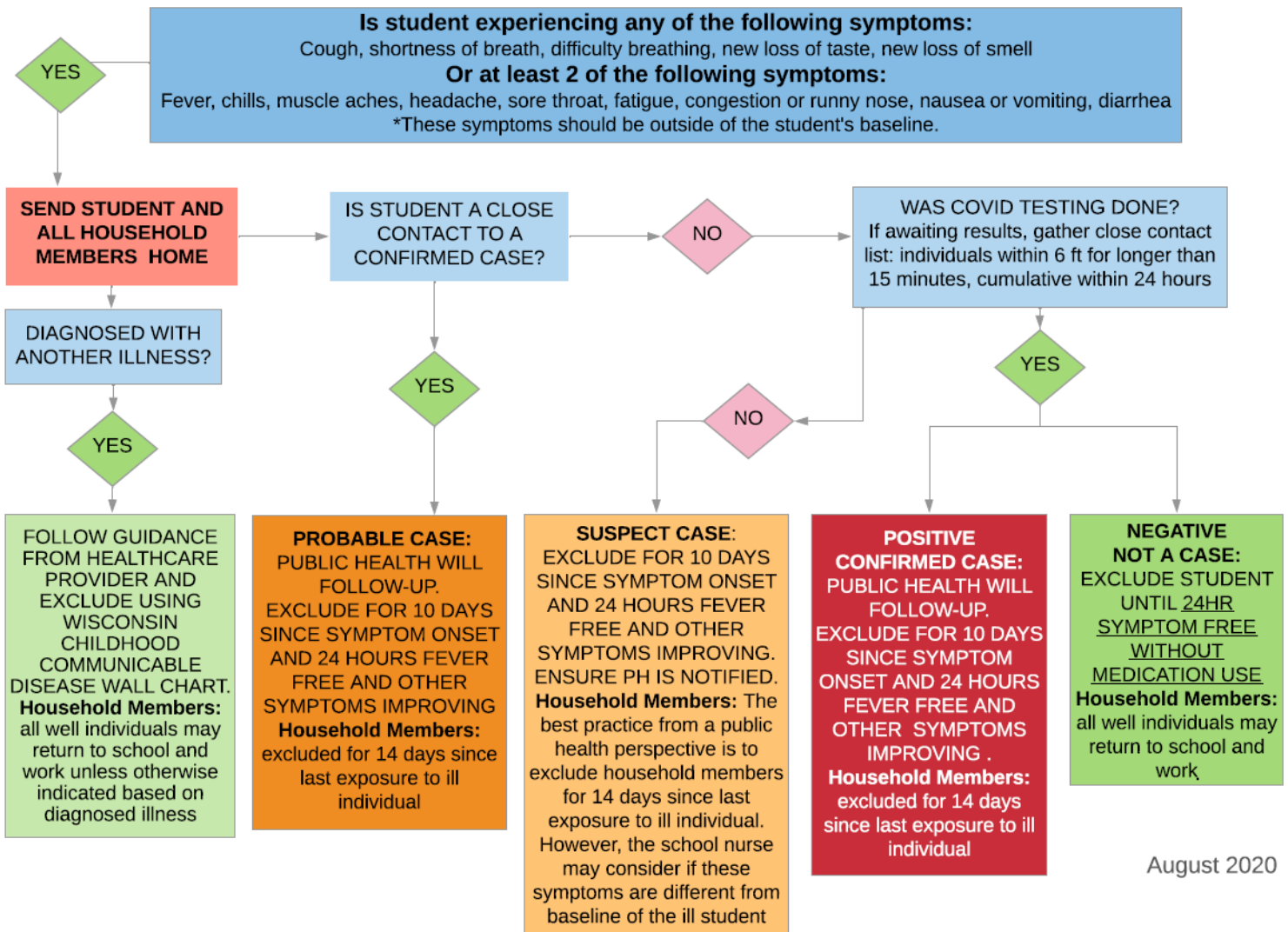
Individual is a known close contact to a COVID-19 case

INDIVIDUAL	SYMPTOMATIC	NO SYMPTOMS
<p>Not tested for COVID-19</p>	<ul style="list-style-type: none"> • The individual must quarantine for 14 days after the last contact with the COVID-19 positive person. If the exposure is to a household member and the case cannot properly isolate away from others at home, the last date of contact may be the last day of isolation for the case. • The individual must also remain home for at least 10 days since the first symptoms began AND be fever free without the use of fever reducing medications for 24 hours AND with improvement of symptoms. • The criteria in both of the above bullets must be met before returning to school. • Siblings, household members, and other close contacts should also follow this chart to determine length of quarantine. 	<p>Must quarantine for 14 days from the date of last exposure before returning to school or day care. If the exposure is to a household member and the case cannot properly isolate away from others at home, the last date of contact may be the last day of isolation for the case.</p>
<p>Tested and negative for COVID-19</p>	<ul style="list-style-type: none"> • The individual must quarantine for 14 days after the last contact with the COVID-19 positive person. If the exposure is to a household member and the case cannot properly isolate away from others at home, the last date of contact may be the last day of isolation for the case. • A negative test DOES NOT change the 14-day quarantine requirement. • The individual must also be fever free for 24 hours without the use of fever reducing medications AND if diagnosed with another condition, they must complete the exclusion period for the diagnosed disease as listed on the Wisconsin Childhood Communicable Disease Wall Chart. An alternative diagnosis is not required. • The criteria in both of the above bullets must be met before returning to school. 	<p>Must quarantine for 14 days from the date of last exposure before returning to school or day care. If the exposure is to a household member and the case cannot properly isolate away from others at home, the last date of contact may be the last day of isolation for the case.</p>
<p>Tested and positive for COVID-19</p>	<ul style="list-style-type: none"> • The individual must isolate at home for at least 10 days since the first symptoms began AND be fever free without the use of fever reducing medications for 24 hours AND with improvement in symptoms. Repeat testing is NOT recommended for making decisions about when people can return to work or school. • Siblings, household members, and other close contacts should also follow this chart to determine quarantine length. 	<ul style="list-style-type: none"> • Must isolate at home for 10 days from the day the sample was collected. • Siblings, household members, and other close contacts should follow this chart to determine quarantine length.

PLEASE NOTE THE GUIDANCE BELOW IS SPECIFIC TO THE COVID-19 PANDEMIC.
STUDENTS WITH ANY ONE OF THE FOLLOWING SYMPTOMS WILL BE SENT HOME AND CAN RETURN 24 HOURS AFTER FEELING BETTER:

- VOMITING
- DIARRHEA
- FEVER

COVID-19 SCHOOL BASED EXCLUSION



August 2020



When does my sick child and other family members need to stay home?

If anyone in the house has:

- Cough
- Shortness of breath
- Difficulty breathing
- New loss of taste
- New loss of smell

Or at least 2 of the following:

- Fever
- Chills
- Body aches
- Headache
- Sore throat
- Fatigue
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea



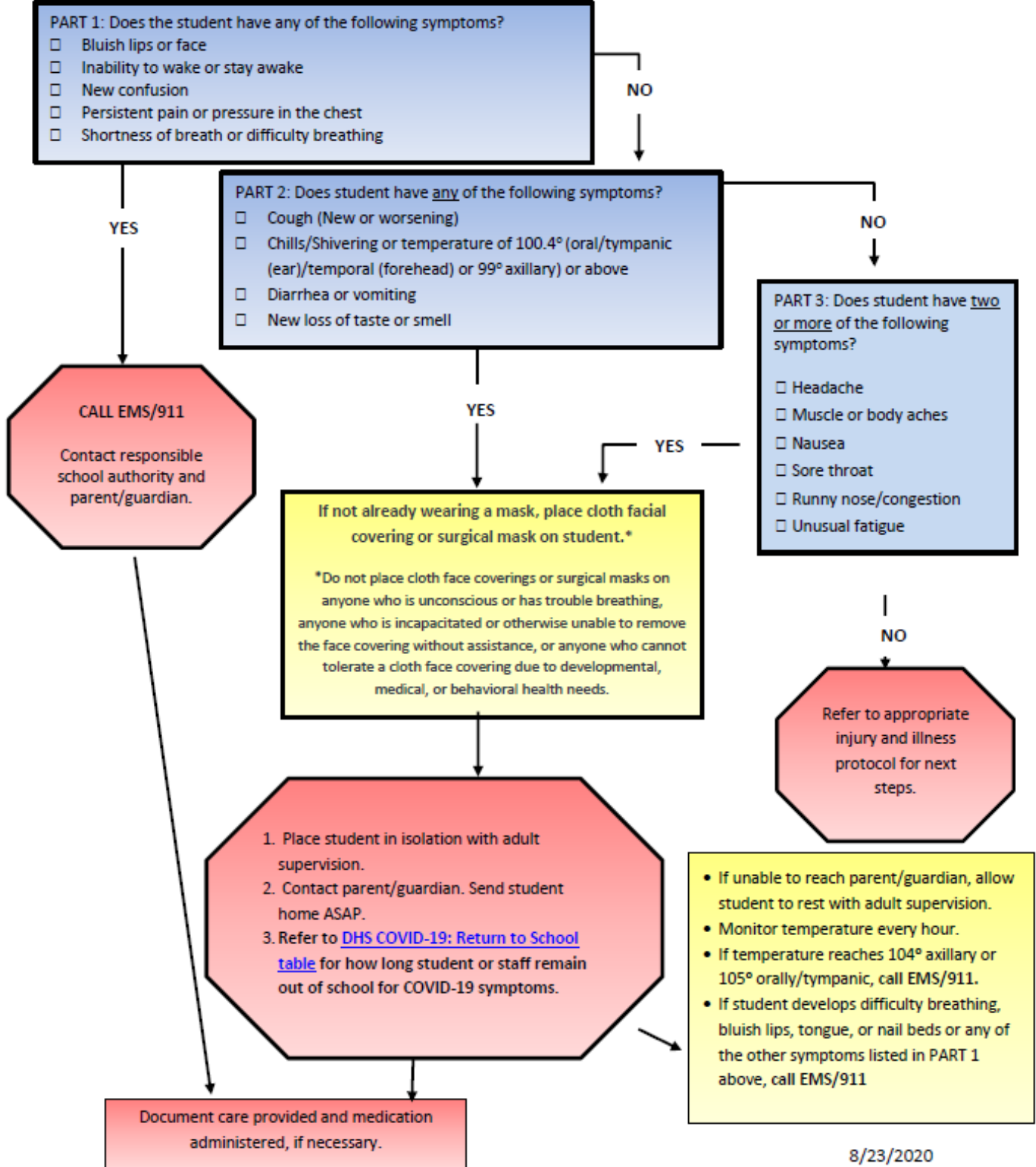
When can we return to school and work?

	Sick person	Household members
Sick individual is diagnosed with a different illness	Follow guidance from medical provider	All well individuals may return to school and work
Sick individual tests negative for COVID-19	24 hours symptom free without using medicine	All well individuals may return to school and work
Sick individual tests positive for COVID-19	10 days after symptoms started AND fever free for 24 hours with other symptoms improving	14 days after last contact with sick person AND do not have any COVID symptoms
Sick individual does not test for COVID-19 and does not have a medical diagnosis of another illness	10 days after symptoms started AND fever free for 24 hours with other symptoms improving	14 days after last contact with sick person AND do not have any COVID symptoms

Note: There are other times a child will be required to stay home from school because of potential exposure to COVID. Public Health will provide directions if this happens.

Health Office Visit during COVID-19 Pandemic

Refer to DHS Exclusion Criteria for how long student or staff remain out of school for COVID-19 symptoms. Vomiting, diarrhea, and fever—alone or together—should exclude a child from school. However, they do not necessarily indicate the need to test for COVID-19 or for COVID-19 isolation. Generally, children with fever, diarrhea, or vomiting alone should be sent home for at least 24 hours, even if it is unrelated to COVID-19 infection.



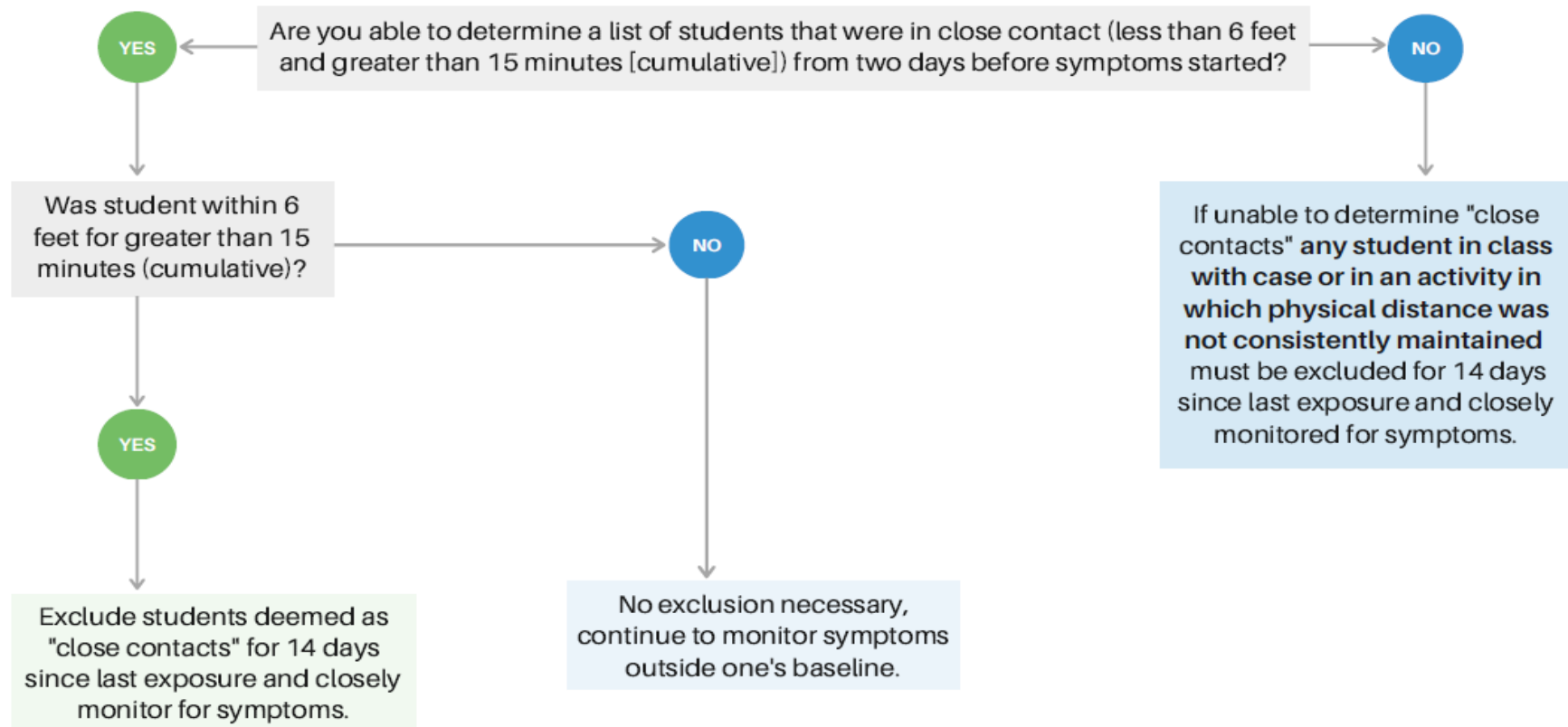
8/23/2020

Close Contact COVID-19 Exclusion

Name of Symptomatic Individual:

Start Date of Symptoms:

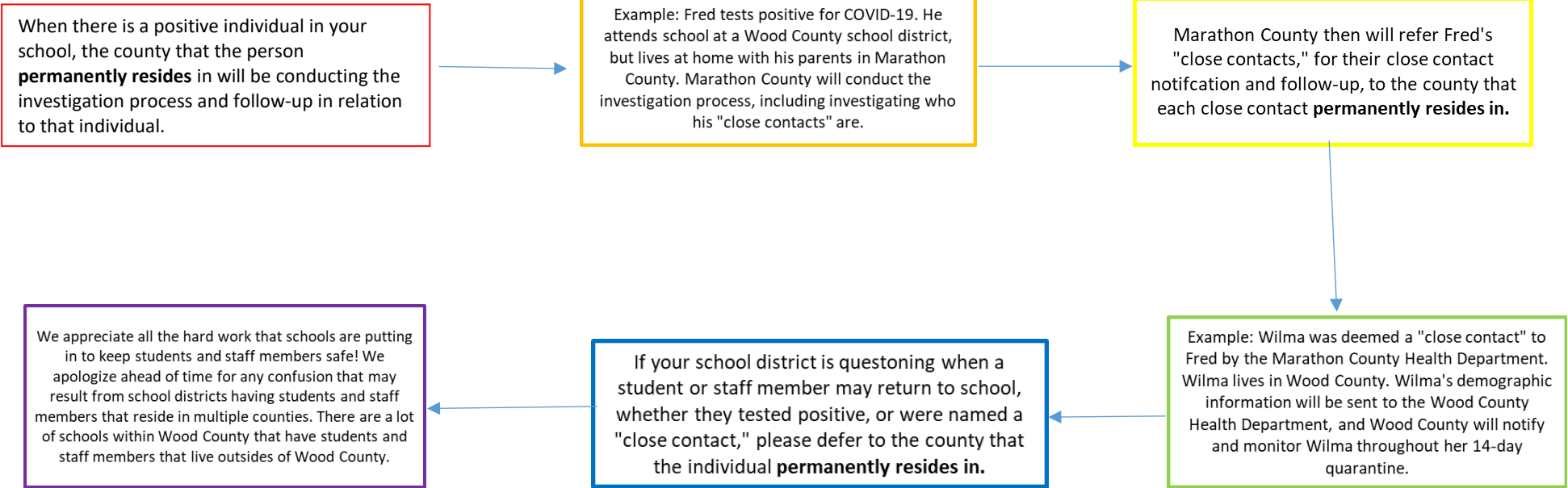
Two Days Prior:



Close Contact Criteria

- Are any of the following true of your interaction with the contact during your infectious period?
- Did you have direct physical contact with the person (e.g., hug, kiss, handshake)?
 - Were you within 6 feet of the person for more than 15 minutes? (This includes single encounters of more than 15 minutes OR multiple encounters within a single day adding up to more than 15 minutes.)
 - Could the person have had contact with any of your respiratory secretions (e.g. coughed/sneezed on, contact with dirty tissue, sharing a drinking glass, food or towels or other personal items)
 - Do you live with the person or did you stay overnight for at least one night in a household with the person (i.e., household contact)?

What if Multiple Jurisdictions are Involved?



Template Letter for Case in Classroom/School

Dear Parent/Guardian,

A case of COVID-19 has been reported in your student's (school, classroom). The children and staff who interacted closely with the (child/staff member) during school or extracurricular activities have been contacted by Public Health. The (student/staff member) who has tested positive will be excluded from school until they have been determined by the Wood County Health Department to be no longer infectious. Close contacts (those who were within 6 feet of the child for greater than 15 minutes during the infectious period) of the student will be excluded from school for 14 days past the date of last exposure and will be monitored for symptoms by their parents/guardians.

Coronavirus (COVID-19) is a virus that is spread even before individuals show symptoms. Thus, it is ever important for all students and family members to closely watch for symptoms that are outside of their "normal" and stay home if ill. If symptoms occur, please contact your medical provider to request testing or, if testing is not available, remain home until 10 days after symptoms first started and fever-free for 24 hours and symptoms have improved.

Please remember to slow the spread of COVID-19:

1. Stay home when ill.
2. Wear a mask when in public if physically able.
3. Wash hands frequently with soap and water; use hand sanitizer if soap and water are unavailable.
4. Clean frequently used surfaces such as door knobs, tables, etc.
5. Limit unnecessary travel, events or large gatherings.

We all need to continue to do our part to slow the spread and keep our students safe. Please contact (school district nurse or contact person) at _____ for more information.

You may also contact the Wood County Health Department with questions at 715-421-8911.

SAMPLE Attendance Line Script (COVID-19)

Thank you for calling [name of school] student absence reporting line. If you are calling to report your child's absence from school, please provide the following information.

1. Student name
2. Teacher
3. The reason they are missing school today.
4. Please indicate whether your child has tested positive for COVID-19, has been in close contact with someone diagnosed with COVID-19 or if your child has any of the following symptoms:
 - Cough
 - Diarrhea or vomiting
 - Difficulty breathing
 - Fever
 - Headache
 - Muscle pain
 - Nausea
 - New loss of taste or smell
 - Sore throat
 - Worsening congestion/runny nose

COVID-19 Health Screening Checklist for CHILDREN

Person conducting screening should maintain 6 feet of distance from child while asking questions. Questions should be posed to parents of small children; children old enough to understand and answer for themselves may be asked directly. Tool intended to assist programs to screen for COVID-19, but should not replace other communicable disease screening tools or protocols for school programs.

Part 1

	YES	NO
Has your child been in close contact with anyone who tested positive for COVID-19 or was diagnosed with COVID-19 in last 14 days?	<input type="checkbox"/>	<input type="checkbox"/>
Has your child been diagnosed with COVID-19 by a healthcare provider in the last 10 days?	<input type="checkbox"/>	<input type="checkbox"/>
Has your child developed any of the following symptoms within the past 24 hours?		
➤ Cough	<input type="checkbox"/>	<input type="checkbox"/>
➤ Shortness of breath/trouble breathing	<input type="checkbox"/>	<input type="checkbox"/>
➤ New loss or sense of taste or smell	<input type="checkbox"/>	<input type="checkbox"/>
➤ Has your child taken medication in past 24 hours to lower temperature (Tylenol, ibuprofen)?	<input type="checkbox"/>	<input type="checkbox"/>



If YES to any question in Part 1, the child should be sent home.

If NO to all questions in Part 1, proceed to Part 2.

Part 2

Has your child developed any of the following symptoms within the last 24 hours?

	YES	NO		YES	NO
Sore throat	<input type="checkbox"/>	<input type="checkbox"/>	Headache	<input type="checkbox"/>	<input type="checkbox"/>
Unusual fatigue	<input type="checkbox"/>	<input type="checkbox"/>	Muscle or body aches	<input type="checkbox"/>	<input type="checkbox"/>
Nausea (<i>sick to stomach</i>) or vomiting▲	<input type="checkbox"/>	<input type="checkbox"/>	Fever ($\geq 100.4^{\circ}\text{F}$) or chills (<i>would indicate fever</i>) ▲	<input type="checkbox"/>	<input type="checkbox"/>
Runny nose or nasal congestion	<input type="checkbox"/>	<input type="checkbox"/>	Diarrhea▲	<input type="checkbox"/>	<input type="checkbox"/>



If YES to 2 or MORE questions in Part 2, child should be sent home.

If YES to 0 or 1 question(s) in Part 2, child may remain at facility.

Child to be sent home

- Record child's name, symptoms, and the date symptoms started in your illness log/line list.
- Child should be **immediately sent home** to isolate and should be tested for COVID-19.

Child may remain at facility

Child should wash (or sanitize) hands before having contact with other children or staff

▲Vomiting, diarrhea, and fever—alone or together—should exclude a child from school. However, they do not necessarily indicate the need to test for COVID-19 or for COVID-19 isolation.

Frequently Asked Questions

1) What is the general process for “contact tracing” and who may have to quarantine?

When the health department is notified of a positive case, a public health nurse will contact the case and conduct an interview. We calculate the infectious period and determine what dates the individual was infectious (able to spread the virus to others). Then we determine close contacts during that period: household contacts, anyone who they had physical contact with (such as a hug or a kiss), shared food or drinks with, or was closer than 6 feet for 15 minutes or longer. Those are considered close contacts and would quarantine for 14 days from their last date of exposure to the positive case.

2) If a child is found to be COVID 19 positive or suspected COVID 19 positive, will immediate family members have to quarantine?

If a child is positive, yes, household contacts would have to quarantine. If they cannot separate themselves in the home somehow, the quarantine would be 14 days from their last contact with the positive child OR 14 days from the date the child is released from isolation (if they are unable to maintain separation from the child in the home). If a child is simply suspected to have COVID 19 based on symptoms, but had no known exposure to a positive case and was not tested, household contacts would not be asked to quarantine as we technically do not have a positive case (or a highly suspected or probable case).

3) If someone is told to quarantine, what specifically are they told to do? For how long? Does this include everyone living in the same household?

Typically, everyone in a household with a positive case would need to quarantine for 14 days from their last exposure to the case. If separation cannot be guaranteed and maintained while the positive case is contagious and in isolation, then the family members must quarantine until 14 days after the case is released from isolation.

4) What is the shortest duration and the longest duration of quarantine possible?

We see longer quarantine periods for households who cannot keep their distance from the positive case while the case is in isolation and infectious. Cases are released from isolation 10 days after symptom onset AND if they were fever-free and feeling better for at least 24 hours. So, the minimum for isolation of a positive is 10 days after symptoms start. If they never had symptoms, they are isolated for 10 days from the date of their test. Household contacts who cannot maintain separation during this time START their quarantine when the positive case is out of isolation and it goes for 14 days from that date. So a person could be quarantined for 24 days. We see shorter quarantine periods when we receive a positive case and learn that a person was a close contact several days earlier. The quarantine is 14 days from last exposure to the case, so they could already be several days into that 14-day period when they are notified that they are a close contact.

5) Is there a specific number of positive COVID 19 cases that would require a school to shut down?

Currently, there is no specific number of cases that would cause a school to close. If there are not enough teachers to provide the education or if there are not enough

students present to make teaching worthwhile, schools may choose to close. School closures would really depend on the specific circumstances occurring in that school.

6) What are the parameters for a close contact exposure to COVID-19? Does wearing a mask change these parameters?

As mentioned in question #1, close contacts would be anyone who had physical contact (hug, kiss, etc.) or who was closer than 6 feet for 15 minutes or longer. Sharing of food or beverages that may result in exchange of respiratory secretions is also a close contact. Wearing mask reduces the likelihood that the virus will be spread and someone will become ill, however it does not change the quarantine protocol for close contacts. That remains 14 days from the last date of contact with the positive case.

7) If a household member (that is not a teacher or child in school or childcare) is experiencing COVID-19 symptoms, but is not a close contact, do the other household members that are teachers or students need to quarantine?

No, it is not recommended that household members that are teachers or students need to quarantine in this case, unless the symptomatic person has a positive COVID test OR is also a close contact. Only the reverse is true (when the symptomatic person is the teacher or child in school, household contacts should quarantine).

There is a higher index of suspicion that symptomatic individuals without a known close contact in schools may have COVID-19 because of the high potential of asymptomatic spread in school-aged children. These symptomatic individuals would technically be considered suspect cases (for which, isolation and quarantine of close contacts is not usually recommended). However, since students and teachers have greater potential exposure to asymptomatic individuals, and thus are more likely to have been exposed but not know it, their household contacts are asked to quarantine.

COVID-19 Area Testing Facilities

Please **call ahead** to ANY facility before presenting to be tested for COVID-19.

Aspirus Riverview Hospital and Clinics

- COVID-19 Helpline: 1-844-568-0701
- 7am-7pm Monday Through Friday, 8am-5pm Saturday-Sunday
- Will do drive-up testing, but need to call and set up an appointment with the helpline first.

Ascension Medical Group

- Ascension Wisconsin COVID-19 Toll-Free Helpline: 1-833-981-0711
- Online Screening: <https://healthcare.ascension.org/covid-19>

Marshfield Clinic Health Systems

- COVID-19 Helpline (24/7): 1-877-998-0880
- Online Screening: <https://www.marshfieldclinic.org/specialties/infectious-diseases/coronavirus-update>
- Will do drive-up testing, but need to call and set up an appointment with the helpline first.

Wisconsin Health Connect (DHS Online Screening Link)

- <https://www.wihealthconnect.com>
- Free, 24/7, mobile or computer screening.

Sue Kunferman, Health Officer

715-421-8928 Direct Office
715-213-8493 Work Cell
608-474-1001 Personal Cell
skunferman@co.wood.wi.us

Erica Sherman, Public Health Nurse

715-421-8913 Direct Office
esherman@co.wood.wi.us

Kristie Egge, Supervisor of Strategic Initiatives

715-421-8915 Direct Office
715-315-1990 Work Cell
krauter-egge@co.wood.wi.us

Alecia Pluess, Public Health Nurse

715-421-8917
apluess@co.wood.wi.us

Danielle Hiller, Public Health Nurse

715-421-8924
dhiller@co.wood.wi.us

Melony Johnson, Public Health Nurse

715-421-8922
mejohanson@co.wood.wi.us

Nancy Eggleston, Environmental Health and Communicable Disease Supervisor

715-421-8940 Direct Office
715-213-8492 Work Cell
neggleston@co.wood.wi.us